

## Information

### Tuck Shop Schedule

The Tuck Shop is open for business **Monday through Friday from 1:30pm-2:30pm** inside the **Front Office**. Please be advised that this time is subject to change.

### Exercise Equipment

Exercise Equipment is available for use/sign out in the **Lifestyle Office**. Please see Amber if you are interested in taking advantage of the equipment.

### Trust Accounts

Trust Accounts are out of **Theresa's Office** on the 1st floor. Hours are **Tuesdays from 10:00am to 11:00am** and **Thursdays from 1:30pm to 2:30pm**.

### "Hair by the Bay" Salon Hours

**Tuesdays** 4:00 pm to 8:00 pm  
**Wednesdays** 10:00 am to 4:00 pm  
**Thursdays** 10:00 am to 4:00 pm

Book an appointment in person or by phone  
705-812-2122

## Management Staff Listing

Michael Ayers, General Manager - michael@simcoeterrace.com

Theresa Stackhouse, Office Manager - theresa@simcoeterrace.com

Monica Mosher RPN, Director of Wellness - monica@simcoeterrace.com



## Simcoe Terrace Retirement Residence

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# Simcoe Terrace Retirement Residence

September 2019 Issue



# The Terrace Tribune

***Make it a September to Remember!***

## Message from the GM

Hard to believe summer is almost over and Labour Day has passed for another year. Fall is my favourite season so I'm looking forward to the next few months.

We will be starting to take air conditioners out in September and wash interior windows. Amber will keep you posted.

Another change in the Dietary Department as Sarah Pritchard has left us to pursue other opportunities. Stay tuned for new announcements in dietary and Lifestyle Departments.

Fall and winter menus are coming soon and we will be asking for resident input!

Happy Labour Day Everyone!  
Michael Ayers, General Manager

## Athletes of the Month

Shuffleboard Table #1: N/A  
Shuffleboard Table # 2: N/A  
Darts: N/A  
Ladder Ball: Blue Team (most wins!)  
Bean Bag Toss: Falk S, 459 pts  
Washer Toss: Diane C, 130 pts  
Floor Kurling: Blue Team (most wins!)  
Bocce Ball: N/A  
Croquet: Jennifer P and Margaret S (most wins!)  
Ring Toss: Falk S, 230 pts

## Resident Council

Resident Council will be holding another 50/50 Draw on Wednesday September 4th @ 10:00 am in the Lobby.

\$1.00 per ticket

Funds will be in support of Resident Council to hold Events in the Home!

## Mental Gymnastics

Bingo: Diane C. 13 Wins  
Nix the 6: Robert N, 136pts  
Yahtzee: Iona S, 373 pts  
Pictionary/Charades: N/A  
Scrabble: N/A

## Welcome to ST!

We have had many new faces arriving at Simcoe Terrace in the past few weeks and more will be arriving in the next while.

**New Residents are welcome to join us in the AR for a New Resident Meet N Greet on Friday Sept 13th @ 2pm!**

We welcome all to ST and greet them with your biggest smile when you see them!

## Highlights of the Month!

### Resident Meeting Schedule:

**Resident General Meeting:** Tuesday, September 24th at 1:30pm (AR)

**Programs Chat:** Wednesday, September 25th at 2:30pm (AR)

### September Outings

Please Sign up for **ALL OUTINGS** in the Leisure and Lifestyle Binder Located on the Reception Desk

**September 11 @ 1:30pm-** Shopping at Giant Tiger

**September 17 @ 10:00am-** BBQ Lunch, Fishing and Boat Ride on Little Lake  
*(weather depending)*

### Special Events

**September 12th 5:00-7:00pm-** Family and Friends BBQ (with 50/50 Draw, Classic Car show and Music by Eric Kidd)- RSVP any family that will be attending in the Leisure and Lifestyle Binder

**September 20th-** Celebrating Oktoberfest!

1:30 Join Sabrina for Beer and Billiards in the South Lounge

2:30 Join Eryn in the North Lounge for an Armchair Travel to Germany!

**September 27th @ 12pm-** Lunch Club (All you can eat pizza for \$5.00) Please sign up in the Leisure and Lifestyle Binder

**September 30 @ 2pm-** Celebrating our residents with September birthdays! Come for Cake, Ice Cream and Music by The Paraguinns.